



SPARTA TAE KWON DO GUP PROMOTION TESTING FORM

Important Note: Application fee: \$40. Deadline is the Wed prior to testing date or a \$10 late fee will be charged.
Applications will not be accepted on the day of the test.

NAME: _____	BELT SIZE: _____	DOB: ____/____/____
AGE: _____	TESTING FOR: _____ BELT	

CURRICULUM	GRADES							COMMENTS
A. FORMS								
Kicho Forms	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
Taeguk: _____	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
Palgwe: _____	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
Stances	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
Blocks	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
Hand Strikes	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
Kicks	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
Memory Form: _____	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
B. KICKS								
_____	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
_____	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
_____	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
_____	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
_____	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
C. BREAKING	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
D. SPARRING	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
E. QUESTIONS	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
F. FITNESS / CONDITIONING	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
G. ATTITUDE	5.0	4.5	4.0	3.5	3.0	2.0	1.0	
H. UNIFORM/APPEARANCE	5.0	4.5	4.0	3.5	3.0	2.0	1.0	

5.0 Excellent / 4.5 Highly Proficient / 4.0 Proficient / 3.5 Very Good / 3.0 Good / 2.0 Pass / 1.0 Needs Improvement

OTHER COMMENTS:

PASS / PROVISIONAL / RE-TEST

SIGNATURE: _____ DATE: _____

A student is given a provisional pass if there is a grade of 1.0 in one area. A student has to re-test if a grade of 1.0 appear in two or more areas. A student earns a "black tip" if grades are 4.5 or above in all areas.



PARENT / TEACHER APPROVAL

Dear Parent/Teacher:

At Sparta Tae Kwon Do we expect our students to follow the tenets of Tae Kwon Do inside and outside our facility; tenets like : Courtesy, Integrity, Perseverance, Self Control (Discipline) and Indomitable Spirit (Fortitude). Students are also expected not to misuse any self defense techniques learned in class. Promotion will be withheld from any student who does not adhere to these standards, until such time, the student rectifies the problem.

We ask for your assistance by providing us with information to the following questions regarding our student's progress outside our facility. Thank you for your time. You may call or write to us with any comments or questions.

Respectfully,
The Staff at Sparta Tae Kwon Do

PARENT OR LEGAL GUARDIAN

Is your child behaving in a respectful and disciplined manner? Y / N
Do we have your permission to continue with your child's promotion test? Y / N

If you answered NO to any of the above questions, please explain:

Signature: _____ Date: ___/___/___

Phone: _____

TEACHER (A teacher approval is not required if school is out at the time of the promotion test.)

Is the student behaving in a respectful and disciplined manner? Y / N
Do we have your permission to continue with the students promotion test? Y / N

If you answered NO to any of the above questions, please explain:

Signature: _____ Date: ___/___/___

Phone: _____

CLASS INSTRUCTOR:

Do we have your permission to continue with the students promotion test? Y / N

If you answered NO, please explain:

Signature: _____ Date: ___/___/___

Please feel free to call or write to us for any questions, comments or suggestions:

Sparta Tae Kwon Do
2885 Ygnacio Valley Road
Walnut Creek, CA 94598
Phone: (925) 938-5300 Fax: (925) 938-5310
email: info@spartatkd.com
website: www.spartatkd.com