



SPARTA TAEKWONDO

CLASS SCHEDULE -COVID EFFECTIVE JULY 29, 2020

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TIME	MON	TUE	WED	THU	FRI	SAT	SUN
8:15							
8:45							
						C/D	C/D
9:00						Jr - Adults (Combined)	9:00-11:00 Team Sparta
10:00						C/D	
10:15						Jr to Adults (White - Orange Adv)	
11:00							
						C/D	
Cleaning and disinfection (C&D)							
3:00	Tiny Titan	Tiny Titan	Tiny Titan	Tiny Titan			
3:30							
(C&D)							
3:45	Jr - Blue to Black	Jr-White to Yellow Adv	Jr - Blue to Black	Jr-White to Yellow Adv			
4:30							
(C&D)							
4:45	Jr -Orange to Green Adv	Jr - Blue to Black	Jr -Orange to Green Adv	Jr - Blue to Black			
5:30							
(C&D)							
5:45	Jr-White to Yellow Adv	Jr -Orange to Green Adv	Jr-White to Yellow Adv	Jr -Orange to Green Adv	Green & Up Poomsea 5:30-6:15		
6:30							
(C&D)							
6:45	Adults - All belts	Adults - All belts	Adults - All belts	Adults - All belts	Team Sparta 6:30 - 8:00		
7:45							
(C&D)							

Pre-Titan		Tiny Titans	Ages 4-6	Juniors	Ages 6-12	Adults	Ages 13 & Up
<i>Streamed Online</i>							