



SPARTA TAEKWONDO

CLASS SCHEDULE

EFFECTIVE Feb. 1, 2021

Tel No. (925) 938-5300 Email: Info@spartatk.com

Website: www.spartatk.com

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
9:00 - 10:00						All Belts Juniors / Adults Combined	Team Sparta 9:00 - 11:00
10:15-11:00						Adults / Juniors White to Orange Adv	
Cleaning and disinfection (C&D)							
3:00	Tiny Titan	Tiny Titan	Tiny Titan	Tiny Titan			
3:30							
(C&D)							
3:45	Jr. Blue to Black	Jr. White	Jr. Blue to Black	Jr. White			
4:30							
(C&D)							
4:45	Jr. Orange to Green Adv	Jr. Blue to Black	Jr. Orange to Green Adv	Jr. Blue to Black			
5:30							
(C&D)							
5:45	Jr. White to Yellow Adv	Jr. Yellow to Green Adv	Jr. White to Yellow Adv	Jr. Yellow to Green Adv			
6:30							
(C&D)					Team Sparta 6:30 - 8:00		
6:45	Adults All belts	Adults All belts	Adults All belts	Adults All belts			
7:45							
8:00							

Pre-Titan		Tiny Titans	Ages 4-6	Juniors	Ages 6-12	Adults	Ages 13 & Up
-----------	--	-------------	----------	---------	-----------	--------	--------------

Streamed Online * M/W * 3:30-4:30 Blue - Black * 4:45 - 5:30 White - Green Adv