



SPARTA TAEKWONDO

CLASS SCHEDULE - Effective 4/1/2021

Tel No: (925) 938 - 5300 Email: Info@spartatk.com

Website: www.spartatk.com

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
9:00						All Belts Junior / Adults	Team Sparta 9:00 - 11:00
10:00							
10:15						Combined White - Orange Adv	
11:00							
C/D							
2:15	Intro Lesson	Intro Lesson	Intro Lesson	Intro Lesson			
2:45							
Cleaning and disinfection (C&D)							
3:00	Tiny Titan	Tiny Titan	Tiny Titan	Tiny Titan			
3:30							
Cleaning and disinfection (C&D)							
3:45	Junior Blue to Black	Junior White	Junior Blue to Black	Junior White			
4:30							
Cleaning and disinfection (C&D)							
4:45	Jr. Orange to Green Adv	Junior Blue to Black	Jr. Orange to Green Adv	Junior Blue to Black			
5:30							
Cleaning and disinfection (C&D)							
5:45	Jr. White to Yellow Adv	Jr. Yellow to Green Adv	Jr. White to Yellow Adv	Jr. Yellow to Green Adv			
6:30							
Cleaning and disinfection (C&D)					Team Sparta 6:30 - 8:00		
6:45	Teens / Adults All Belts	Teens / Adults All Belts	Teens / Adults All Belts	Teens / Adults All Belts			
7:45							
8:00							
(C&D)							

Pre-Titan	Tiny Titans	Ages 4-6	Juniors	Ages 6-12	Adults	Ages 13 & Up
<p>*** Schedule subject to change.</p> <p><i>Tiny Titans - 30 min. class. 6 years old subject to evaluation for promotion to Jr. class.</i></p>						



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Cleaning and disinfection		
5:45	Jr. White to Yellow Adv	Jr. Yellow to Green Adv
6:30		
Cleaning and disinfection		
6:45	Teens / Adults All Belts	Teens / Adults All Belts
7:45		
8:00		
(C&D)		

Pre-Titan		Tiny Titans
<i>Tiny Titans - 30 min</i>		

SPECIAL
Tiny T
Juniors and u

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WED	THU	FRI

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Intro Lesson	Intro Lesson	
n (C&D)		
Tiny Titan	Tiny Titan	
n (C&D)		

Junior Blue to Black	Junior White	
n (C&D)		
Jr. Orange to Green Adv	Junior Blue to Black	
n (C&D)		
Jr. White to Yellow Adv	Jr. Yellow to Green Adv	Team Sparta 6:30 - 8:00
n (C&D)		
Teens / Adults All Belts	Teens / Adults All Belts	
n (C&D)		

Ages 4-6	Juniors	Ages 6-12
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AL PROMO FOR 2 WEEKS - \$29.95

itans (4 - 6 years) - includes a free uniform

ip - includes free uniform and 30 min. intro lesson

SAT	SUN
All Belts Junior / Adults	Team Sparta 9:00 - 11:00
Combined White - Orange Adv	
C/D	

Adults	Ages 13 & Up

